

www.rowanparkcare.co.uk info@rowanparkcare.co.uk

INTRODUCTION

# Message From Our Manager

Welcome to our latest Rowan Park Care Home newsletter. As we move through the warmer months, it has been wonderful to see residents enjoying a wide range of activities, outings and celebrations both within the home and out in the community. From supporting England during the World Cup to meeting friendly animals and travelling the world through our popular armchair travel sessions, there has been something for everyone to enjoy. These activities are about much more than keeping busy. They help residents stay connected, encourage conversation, create new memories and bring people together. We would like to thank our residents, relatives, staff and visitors who continue to make Rowan Park such a welcoming and vibrant place to live. We hope you enjoy reading about some of our recent highlights. If you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

[Newsletter Sign Up Form](#)  
Best wishes,  
**Leanne Terry**  
Home Manager



SUPPORTING ENGLAND

# World Cup Fever at Rowan Park

Football fever has certainly arrived at Rowan Park, with residents fully embracing the excitement of the World Cup. In the lead up to the matches, residents enjoyed a range of football-themed activities, including arts and crafts, colouring activities and decorating the home with England flags and displays. The home was filled with anticipation as everyone came together to show their support and get behind the team. Alongside the decorations, residents took part in World Cup Bingo and a popular Guess the Flag quiz, creating plenty of friendly competition, laughter and conversation. These activities provided a great opportunity for residents to socialise, share memories of past tournaments and enjoy the excitement together. Following England's strong start to the competition, everyone has been looking forward to the next match and cheering the team on from Rowan Park. Whatever the result, it has been wonderful to see residents sharing in the excitement and enjoying the sense of togetherness that major sporting events can bring.



ACTIVITIES & EVENTS

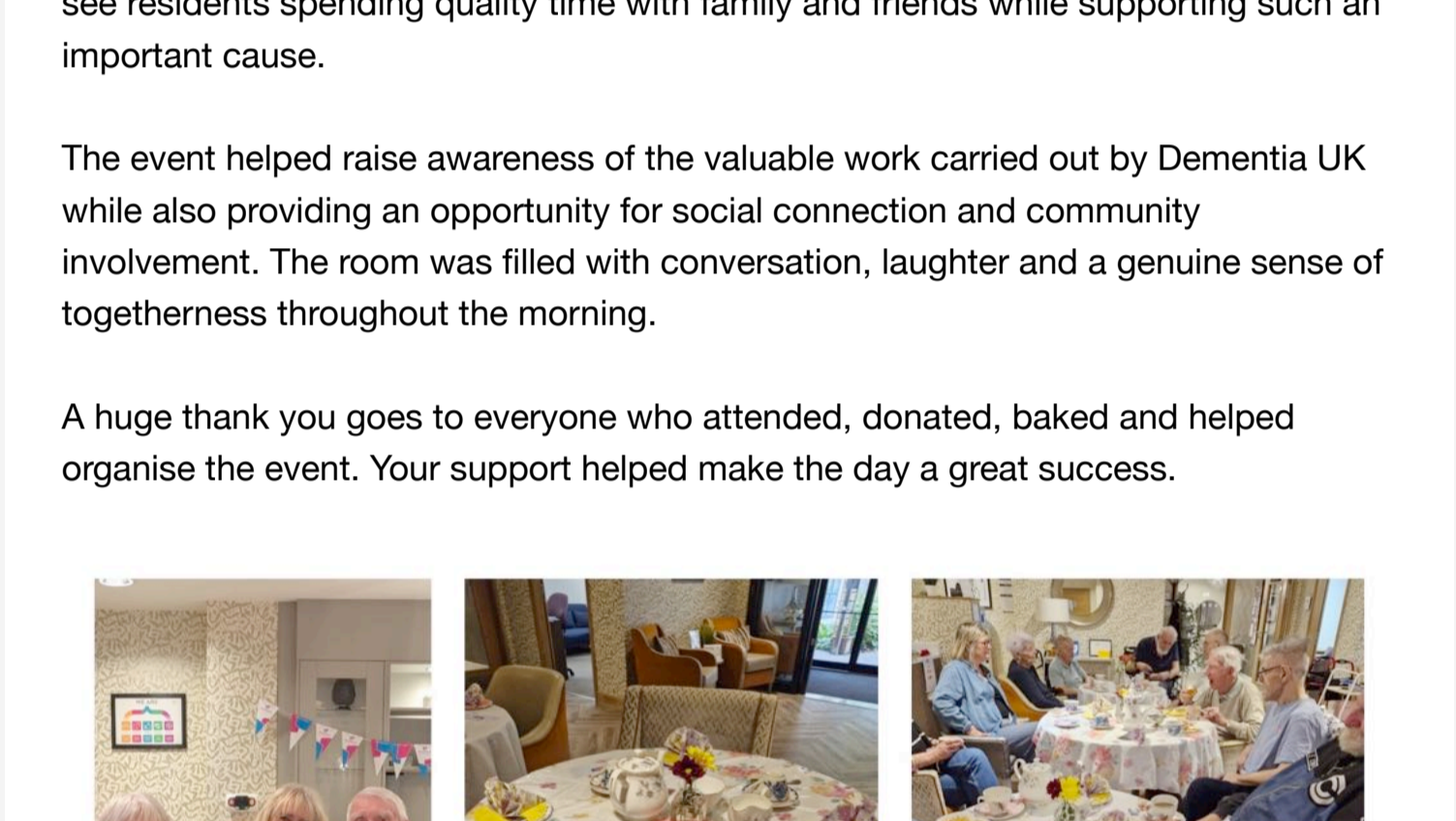
# A Relaxing Visit to the Lavender Farm

A group of our ladies recently enjoyed a lovely day out visiting a local lavender farm. The beautiful surroundings provided a peaceful and relaxing setting, with residents enjoying the colourful lavender fields, fresh air and calming scents. The visit offered plenty of opportunities for conversation, reminiscing and simply taking time to enjoy nature. After exploring the farm, residents sat down together for coffee and cake, making the most of the opportunity to spend time with friends and enjoy a change of scenery. Outings such as these provide valuable sensory experiences and can have a positive impact on wellbeing, encouraging relaxation, social interaction and meaningful conversations. It was a wonderful day that everyone thoroughly enjoyed.



# Vintage Coffee Morning in Support of Dementia UK

Residents, relatives and staff recently came together for a successful Vintage Coffee Morning in support of Dementia UK. The home was beautifully decorated to create a vintage atmosphere, while guests enjoyed a selection of homemade cakes, fresh bakes, tea and coffee. It was lovely to see residents spending quality time with family and friends while supporting such an important cause. The event helped raise awareness of the valuable work carried out by Dementia UK while also providing an opportunity for social connection and community involvement. The room was filled with conversation, laughter and a genuine sense of togetherness throughout the morning. A huge thank you goes to everyone who attended, donated, baked and helped organise the event. Your support helped make the day a great success.



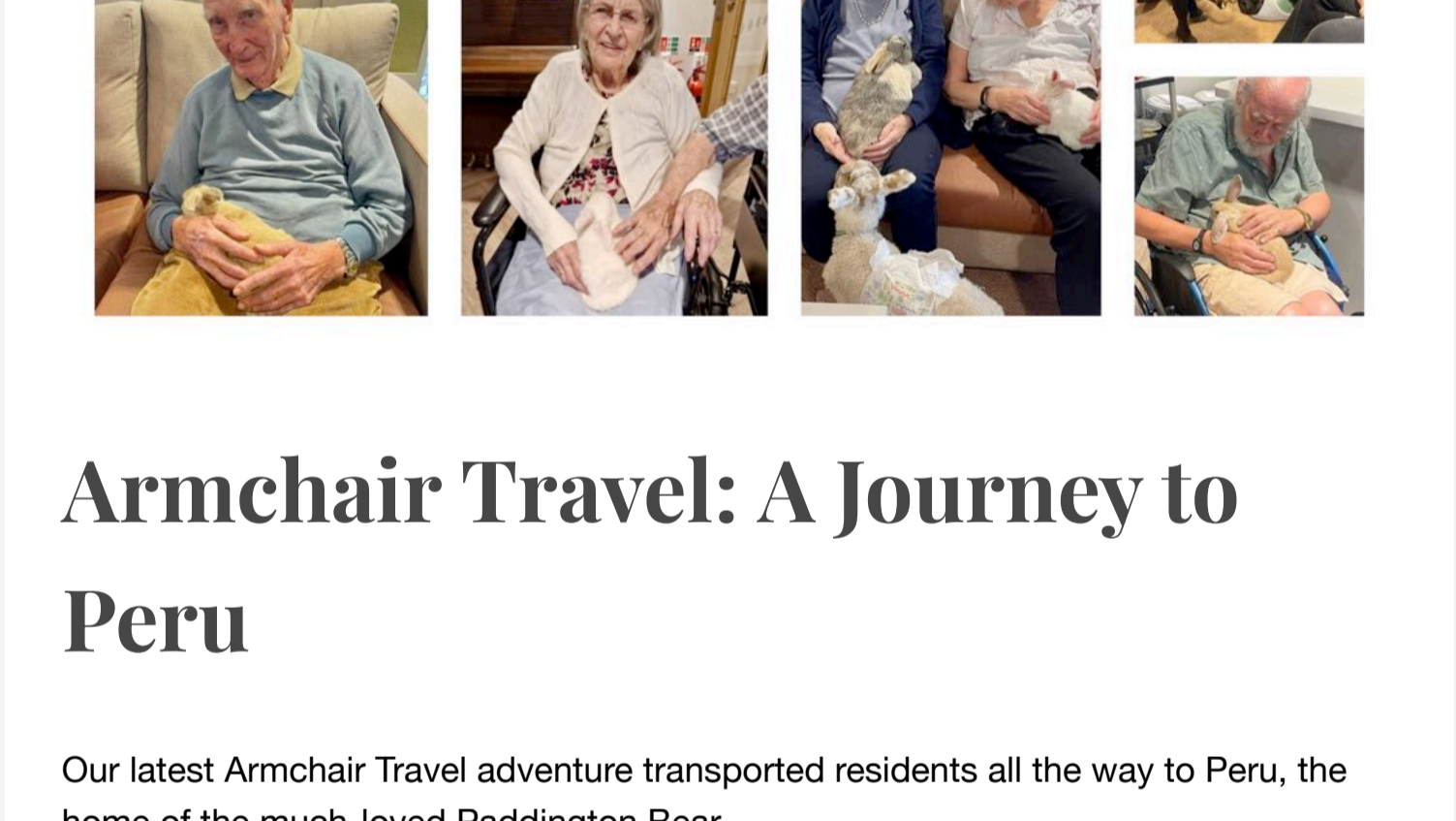
# A Visit from Twinnies Petting Farm

We were delighted to welcome Twinnies Petting Farm to Rowan Park, bringing a wonderful selection of animals for residents to meet. Residents enjoyed spending time with rabbits, lambs and a miniature pony, who quickly became the star attraction of the day. There were plenty of opportunities for cuddles, photographs and conversations as residents shared stories about pets and animals they had known throughout their lives. Animal visits are always popular within the home and provide many benefits, including encouraging social interaction, stimulating memories and promoting emotional wellbeing. The smiles on residents' faces throughout the visit showed just how much the experience was appreciated. Our sincere thanks go to the team at Twinnies Petting Farm for bringing such a special experience to Rowan Park.



# Armchair Travel: A Journey to Peru

Our latest Armchair Travel adventure residents all the way to Peru, the home of the much-loved Paddington Bear. Residents spent the day learning about Peruvian culture, famous landmarks and traditions. Together we explored Machu Picchu, discovered interesting facts about llamas and alpacas, and learned about Peru's colourful festivals, textiles and landscapes. The session sparked plenty of conversation, particularly when discussing Paddington Bear and his famous marmalade sandwiches. Residents shared memories, stories and lots of laughter as they imagined what it would be like to visit Peru for themselves. The day concluded with a special screening of a Paddington Bear film, providing the perfect ending to another successful Armchair Travel experience. These sessions continue to be a favourite activity, encouraging learning, reminiscence and social engagement while allowing residents to explore different parts of the world from the comfort of Rowan Park.



SEASONAL EVENTS

# Celebrating International Nurses Day

International Nurses Day gave us the opportunity to recognise and thank our dedicated nursing team for the outstanding care they provide every day. This year's theme, 'Our Nurses, Our Future', highlights the important role nurses play in supporting individuals through some of life's most challenging and vulnerable moments. Their compassion, professionalism and commitment are central to the care we provide at Rowan Park. Our nurses work closely alongside the wider care team to create a safe, supportive and welcoming environment for residents and their families. The appreciation shown by residents on the day was a reminder of the difference these caring relationships make. We would like to thank all of our nurses for their hard work, kindness and dedication. Your contribution is valued every single day.

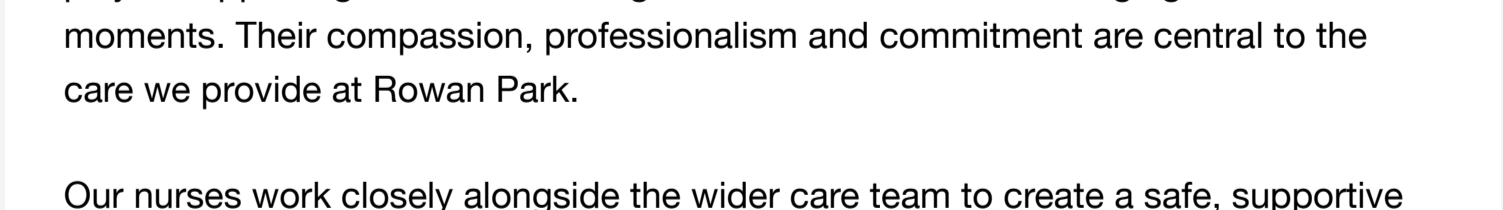


EXTERNAL LINKS

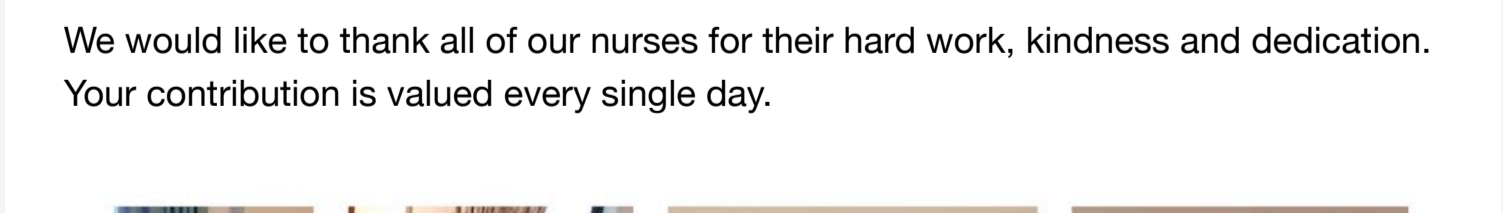
# Social Media      Leave A Review

Make sure to check out the Rowan Park Care Home Facebook Page for all our latest photos!      We would be very grateful if you could spare a few minutes to write a review for us:

[Don't Forget To 'Like' Us!](#)      [Carehome.co.uk](#) & [Google Reviews](#)



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